

TOP TIPS

To reduce the negative environmental impact of your building

The UK Government and NHS have committed to:



By **2020**

- No longer purchase single-use plastic stirrers and straws, except where a person has a specific need, in line with the government consultation.



By **2021**

- No longer purchase single-use plastic cutlery, plates or single-use cups made of expanded polystyrene or oxo-degradable plastics.
- Go beyond these commitments in reducing single-use plastic food containers and other plastic cups for beverages – including covers and lids.



By **2028**

- Ensuring 90% low emissions vehicles and 25% ultra-low emissions vehicles.



By **2050**

- Being net carbon zero

As a result, NHS Property Services is committed to reducing the environmental impact of our 3000 properties.

But we need your help. By working together, we can reduce waste, the carbon intensity of our buildings, and operating costs.



Save energy

- As summer or winter approaches, review your thermostat and lighting to reflect the increasing/decreasing temperatures and daylight so that they are appropriate to ensure you stay safe, cool/warm, and save energy.
- Drive down overnight energy consumption by turning off lights, computer monitors and printers.
- Keep doors and windows closed when heating or cooling is on, to avoid waste.
- Report any faults in your property that could cause unnecessary energy consumption such as:
 - Over heating/cooling of a space on a consistent basis.
 - Broken or badly controlled heating and cooling equipment.
 - Broken or poorly fitting windows.
 - Dripping taps.
 - Heating equipment and pipework that is not insulated.

Fill out the [online form](#) for non-urgent facilities management issues or call 0808 196 2045 to report urgent issues to our FM Helpdesk.



Reduce waste

- Ensure that colleagues and those around you dispose of waste in the correct waste receptacle.
- Raise any issues around incorrect waste segregation with your teams.
- If your site does not have recycling, speak to your Facilities Coordinator.



Reduce single-use plastic

- If you buy lunch, use cutlery provided in kitchens or bring your own from home instead of getting plastic cutlery.
- Use a reusable water bottle and coffee cup rather than buying a new disposable one each time.
- Have a reusable bag available so that you can say 'no' to plastic carrier bags.



Save water

- Turn off taps when you're not actively using them, for example, while washing your hands, brushing your teeth or making a cup of tea.
- Flushing the toilet – in general use the short flush (where available), and only use the long flush when necessary.
- Report leaks, dripping taps or low water efficiency equipment that could be upgraded, such as toilets with old, large cisterns (these can use between 10-13l of water in each flush, with modern cisterns using between 3-6l with each flush) or urinals with no automatic flush control.
- Be aware of your landscape watering – check it is not excessive and only occurs when it is needed. If you think this needs to be reviewed, speak to your Facilities Coordinator.



Become more fuel efficient

- When deciding on how to get from A to B, review your options in the following order:
 - Can I walk or ride a bike?
 - Can I use public transport such as a train, bus or tube?
 - If I need to use a vehicle, can I share the journey with a colleague?
- If you would like electric car charging points, speak to your Facilities Coordinator so that your site can be reviewed as part of our long term strategy.
- Use teleconferencing where possible as if just 5% of business mileage was replaced with this, the NHS in England could save £13 million each year.

If you have any further ideas, please speak to your Facilities Coordinator.

If you need to report any Facilities Management issues impacting your building:



Call 0808 196 2045 for urgent issues requiring immediate resolution



Visit www.property.nhs.uk/CORE for non-urgent or routine faults or jobs