

# Thank you

for all your incredible support. You helped raise... **£53,682.04**

Here is the difference you have made in two years!

Craig is 64 years old and lives with his wife Martha in Scotland. Martha has had osteoporosis and a crumbling spine for over 20 years. Craig had to stop work in order to care for Martha and as a result their income has declined, and they struggle to survive on benefits.

Craig manages all the household chores, finances and assists Martha with personal care. Craig also suffers from ill health and had a heart attack in June last year and is now on medication for the rest of his life.

Craig and Martha married last year but due to their financial situation could not afford a reception or honeymoon.

Thanks to your generous donation, **Craig was awarded £300 to take his wife to Benidorm**. This break away will make a huge difference to Craig, it will provide an opportunity for him to relax away from the stresses and strains of everyday life.



These are just a few examples of the impact you've had.

Thank you!

We supported **63** carers in Scotland to take a break from their caring role and attend a Christmas lunch.

“It was fantastic, it made my Christmas. Without having a nice dinner made and served to me Christmas would have felt like any other time. Also being in the company of others meant I wasn't dwelling on what was missing.”



We supported **24** carers to attend a Christmas afternoon tea in England.

“I just wanted to say a big thank you for the lovely food and get together.”

“Thank you so much for a real treat we have been thoroughly spoilt.”

“I can never thank you enough, I would never have had the opportunity without you.”