

## TOP TIPS

# To reduce the negative environmental impact of your building

## The UK Government and NHS have committed to:



By **2020**

- No longer purchase single-use plastic stirrers and straws, except where a person has a specific need, in line with the government consultation.



By **2021**

- No longer purchase single-use plastic cutlery, plates or single-use cups made of expanded polystyrene or oxo-degradable plastics.
- Go beyond these commitments in reducing single-use plastic food containers and other plastic cups for beverages – including covers and lids.



By **2028**

- Ensuring 90% low emissions vehicles and 25% ultra-low emissions vehicles.



By **2050**

- Being net carbon zero

As a result, NHS Property Services is committed to reducing the environmental impact of our 3000 properties.

**But we need your help.** By working together, we can reduce waste, the carbon intensity of our buildings, and operating costs.



### Save energy

- As summer or winter approaches, review your thermostat and lighting to reflect the increasing/decreasing temperatures and daylight so that they are appropriate to ensure you stay safe, cool/warm, and save energy.
- Drive down overnight energy consumption by turning off lights, computer monitors and printers.
- Keep doors and windows closed when heating or cooling is on, to avoid waste.
- Report any faults in your property that could cause unnecessary energy consumption such as:
  - Over heating/cooling of a space on a consistent basis.
  - Broken or badly controlled heating and cooling equipment.
  - Broken or poorly fitting windows.
  - Dripping taps.
  - Heating equipment and pipework that is not insulated.

Fill out the [online form](#) for non-urgent facilities management issues or call 0808 196 2045 to report urgent issues to our FM Helpdesk.



## Reduce waste

- Ensure that colleagues and those around you dispose of waste in the correct waste receptacle.
- Raise any issues around incorrect waste segregation with your teams.
- If your site does not have recycling, speak to your Facilities Coordinator.



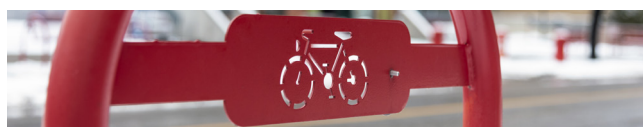
## Reduce single-use plastic

- If you buy lunch, use cutlery provided in kitchens or bring your own from home instead of getting plastic cutlery.
- Use a reusable water bottle and coffee cup rather than buying a new disposable one each time.
- Have a reusable bag available so that you can say 'no' to plastic carrier bags.



## Save water

- Turn off taps when you're not actively using them, for example, while washing your hands, brushing your teeth or making a cup of tea.
- Flushing the toilet – in general use the short flush (where available), and only use the long flush when necessary.
- Report leaks, dripping taps or low water efficiency equipment that could be upgraded, such as toilets with old, large cisterns (these can use between 10-13l of water in each flush, with modern cisterns using between 3-6l with each flush) or urinals with no automatic flush control.
- Be aware of your landscape watering – check it is not excessive and only occurs when it is needed. If you think this needs to be reviewed, speak to your Facilities Coordinator.



## Become more fuel efficient

- When deciding on how to get from A to B, review your options in the following order:
  - Can I walk or ride a bike?
  - Can I use public transport such as a train, bus or tube?
  - If I need to use a vehicle, can I share the journey with a colleague?
- If you would like electric car charging points, speak to your Facilities Coordinator so that your site can be reviewed as part of our long term strategy.
- Use teleconferencing where possible as if just 5% of business mileage was replaced with this, the NHS in England could save £13 million each year.

**If you have any further ideas, please speak to your Facilities Coordinator.**

**If you need to report any Facilities Management issues impacting your building:**



**Call 0808 196 2045 for urgent issues requiring immediate resolution**



**Visit [www.property.nhs.uk/CORE](http://www.property.nhs.uk/CORE) for non-urgent or routine faults or jobs**